PRAYER GUIDE

WEEK OF PRAYER & FASTING

FEBRUARY 02 - 08

CALLED • HEARD • ANSWERED

JEREMIAH 33:3

PENTECOST INTERNATIONAL

PINGSTKYRKAN LUND

How to use this Prayer Guide

Dear church, welcome to our week of prayer and fasting, taking place from February 2 to February 8.

Our theme is "Called, Heard, Answered," drawn from Jeremiah 33:3. God invites us to call upon Him with the promise that He hears and responds. In Christ, His promises are already fulfilled, yet we continue to pray—to know Him more deeply, to discern His will, and to see His power at work among us.

This week, as we call on God, we commit to seeking His way, searching His Word, and following His Spirit. We stand believing His promises, offering praise, and trusting His faithfulness, that we may abide in His presence, confident that the God who invites us to call is faithful to answer (1 John 5:14–15, Isaiah 65:24).

This Prayer Guide will guide our prayer sessions, allowing us to pray along the same lines. Each day, you will find a prayer theme, an associated scripture, and hourly prayer topics.

Throughout the week, we will gather daily in prayer. Monday to Friday, we begin each day with online prayer on Teams (6:00–6:30 am). Monday to Thursday evenings, we meet in person at the church from 6:30–7:30 pm, and on Friday, we conclude with a special evening of worship and prayer from 6:30–7:30 pm.

While there will be no formal prayer service on Saturday, all are encouraged to join in a spirit of fasting and prayer in line with the day's theme. To conclude the week of prayer, we will gather for a Communion Service on Sunday at 2:00 pm. For more specific details, please refer to the information at the back of this prayer booklet.

Grace and Peace to you!

Get involved

Request Prayer

Send prayer request to
prayer@pentecostinternational.se

Fill out form on our website or scan QR code
www.pentecostinternational.se/contact/

Join Morning Prayer Online

Monday to Friday, 6:00am to 6:30am.
Use the Microsoft Teams link in your weekly church email.

New to our church emails? Request the link by emailing
info@pentecostinternational.se

Join Evening Meetings & Sunday Service

Monday to Thursday, 6:30pm to 7:30pm
Friday, 6:30pm to 8:00pm
Sunday, 2:00pm to 4:00pm

Join in churh at Stora Södergatan 25, Lund.
Watch online on our YouTube channel.

About Fasting

Why fasting

Fasting is a temporary but intentional abstinence from something intrinsically good, such as food, to deepen our desire for something greater – God and His divine work within our lives.

Fasting accompanied by prayer and Bible Study. This practice is rooted in Jesus Christ's teachings (Matthew 6:16-18) and practised by God's people throughout history (2 Chronicles 20:3; Acts 13:2).

Leaders of the early church engaged in fasting for God's guidance in missionary breakthroughs (Acts 13:1-3), and during the appointment of elders (Acts 14:23).

> Fasting puts us in a place where we become utterly dependent on God, to receive from Him and to respond to His word for us.

Types of fasting

Personal Fast: Initiated and performed by an individual or small group: Ezra 10:6; 2 Samuel 12:15-16.

Corporate Fast: A fast proclaimed for and performed by a large group: 2 Chronicles 20:3-4; 1 Samuel 7:5-6; Nehemiah 9:1-3.

Ways of fasting

Normal Fast: Total abstinence from food but not from liquids: Luke 4:2.

Partial Fast: Abstinence from certain types of food. We see this in Daniel 10:3, where for three weeks Daniel ate "no delicacies, no meat, or wine".

Absolute Fast: Total abstinence from food and liquids: Ezra 10:6; Esther 4:16; Acts 9:9. Given the potential negative health implications, a prolonged absolute fast is usually not recommended.

DAY 1

02
FEB

SEEKING HIS WAY

Then I proclaimed a fast there, at the river Ahava, that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods.
Ezra 8:21

Morning Prayer on Teams | 6am - 6.30am

Personal Focus | 6am – 9am

- **Seeking Purity:** Humbly confess your sins and ask for the grace of the Lord to walk in total victory over them as you seek His path.
- **Seeking Devotion:** Ask God to help you turn to Him with all your heart, dedicating your whole being to His way.
- **Seeking Instruction:** Ask the Lord to teach you to hear His voice through His Word whenever you read it, showing you the right way to go.
- **Seeking Purpose:** Pray for the Holy Spirit to reveal and establish the specific purpose He has for your life.

Family & Church Focus | 11am - 2pm

- **Seeking Unity:** Ask the Lord to lead your family to seek Him wholeheartedly during this season of prayer and fasting.
- **Seeking Refuge:** Pray that as you seek the Lord and abide under His shadow, your family will experience His liberty and salvation.
- **Seeking Excellence:** Thank God for the presence of His Spirit which provides the divine insight and excellence needed to stand out in your professional field.
- **Seeking Witness:** Pray that your godly character and conduct serve as a signpost, drawing your coworkers and neighbors to seek the way to God.

DAY 1 SEEKING HIS WAY

Global Focus | 3pm – 6pm

- **Seeking Sweden:** Pray for the nation of Sweden to be open to the Gospel and for more believers to arise to show the nation the way to God.

- **Seeking Revival:** Call on God to bring a mighty revival that stirs the hearts of believers across Sweden and Europe to seek His face.

- **Seeking Transformation:** Declare that as the name of God is exalted, the nations of the world will find the way to His saving power and transformation.

Evening Prayer Service | 6.30pm - 7.30pm

Bible Reading Plan | Ezra 8:21-23, Acts 9

Declaration

I dedicate my spirit, soul, and body to the Lord and commit to seek His way with all my heart. With the Holy Spirit as my guide, I shall not wander nor miss the path set for me. I am redeemed to walk in a loving relationship with my Lord, and I declare that His way is my way, in Jesus' name. Amen.

DAY 2

03
FEB

SEARCHING HIS WORD

Now these Jews were more noble than those in Thessalonica; they received the word with all eagerness, examining the Scriptures daily to see if these things were so.
Acts 17:11

Morning Prayer on Teams | 6am - 6.30am

Personal Focus | 6am – 9am

- **Searching for Character:** Ask the Father to reveal the character and beauty of Christ to you as you search and receive the Scriptures with all readiness.
- **Searching for Strength:** Pray for spiritual strength to overcome all fleshly desires and distractions that hinder you from growing through the Word.
- **Searching for Clarity:** Speak the Word of God over every area of disorder in your life; declare that searching His Truth brings divine order and clarity.
- **Searching for Obedience:** Pray for a heart that delights in searching, meditating on, and obeying the Word.

Family & Church Focus | 11am - 2pm

- **Searching for Protection:** Declare the covering of the Word over your life and stand against every obstacle or delay to the manifestation of God's promises.
- **Searching for Godly Influence:** Pray that God surrounds your children with associations and friends who inspire them to search for greatness and godliness.
- **Searching for Diligence:** Pray for the grace of diligence to remain faithful in your career and tasks as you apply the truths found in the Word.
- **Searching for Wisdom:** Pray to overcome every attitude of laziness and procrastination; ask God for wisdom, fresh ideas, and a winning mindset.

DAY 2 SEARCHING HIS WORD

Global Focus | 3pm – 6pm

- **Searching for Expansion:** Pray for the rapid and free spread of the Word of God in Sweden and throughout Europe.

- **Searching for Truth:** Ask God to overturn every mindset of doubt and secularism in Sweden, replacing them with the truth found in His Word.

- **Searching for Conviction:** Ask the Holy Spirit to bring deep conviction and repentance to souls across the globe as the Word is proclaimed.

Evening Prayer Service | 6.30pm - 7.30pm

Bible Reading Plan | Acts 17:10-15

Declaration

I declare my heart is ready to search the Scriptures with all diligence. I will worship the Lord in the beauty of holiness and walk in His unwavering protection as I live by His Word. I am not just a hearer, but a doer of the Word; therefore, my way is made prosperous in Jesus' name. Amen.

DAY 3

04
FEB

FOLLOWING HIS SPIRIT

And while Peter was pondering the vision, the Spirit said to him, "Behold, three men are looking for you. Rise and go down and accompany them without hesitation,for I have sent them.
Acts 10:19-20

Morning Prayer on Teams | 6am - 6.30am

Personal Focus | 6am – 9am

- **Following His Work:** Praise the Lord for the work of the Holy Spirit in the lives of all believers; thank Him for working in you to will and to act according to His good pleasure.

- **Following His Purity:** Ask the Holy Spirit to cleanse your mind and lead your thoughts, bringing every imagination into obedience to Christ.

- **Following His Lordship:** Affirm the Lordship of Christ over your life and declare that your ears are spiritually tuned to follow His specific leading and instructions.

Family & Church Focus | 11am - 2pm

- **Following His Purpose:** Ask the Spirit to lead you into a deeper understanding of your purpose so that you may be a blessing to your generation.
- **Following His Illumination:** Pray that the Holy Spirit grants you spiritual illumination and revelation as you study the Word of God daily.
- **Following His Safety:** Declare that the Spirit leads you and your family into paths of peace and security.
- **Following His Defense:** Resist every evil work against your family and declare that the Spirit of the Lord raises a standard of protection around you.

DAY 3 FOLLOWING HIS SPIRIT

Global Focus | 3pm – 6pm

- **Following His Wisdom:** Pray for Christian leaders and ministers to follow the Spirit's wisdom and guidance in their specific callings.

- **Following His Openings:** Ask the Holy Spirit to open your eyes to the divine opportunities and "open doors" He is bringing to advance the Kingdom.

- **Following His Increase:** Pray for the Holy Spirit to establish, strengthen, and grow the Christian community in Sweden despite any cultural opposition.

Evening Prayer Service | 6.30pm - 7.30pm

Bible Reading Plan | Acts 10:13-20

Declaration

I praise the Lord for the gift of the Holy Spirit and maintain a pure conscience toward Him. I declare my prayers are divinely inspired to lead me to the place God has prepared for me. I follow His lead; therefore, there is no hindrance to my next level in Jesus' name. Amen.

DAY 4

05
FEB

BELIEVING HIS PROMISES

By which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.
2 Peter 1:4

Morning Prayer on Teams | 6am - 6.30am

Personal Focus | 6am – 9am

- **Believing for New Life:** Praise God for the exceeding great promise of a new life and the gift of righteousness you have received in Christ.
- **Believing for Mercy**: Thank God that His promise of mercy is new every morning and covers every area of your life; declare that you walk free from condemnation.
- **Believing for Divine Nature:** Bless the Lord for the promise that through His Word you are a partaker of His divine nature, empowered to live a life that gives Him glory.
- **Believing for Inheritance:** Thank God for the promise that you are an heir of God and a co-heir with Christ, possessing an eternal inheritance that can never fade.

Family & Church Focus | 11am - 2pm

- **Believing for Peace:** Pray that God multiplies His promised grace and peace toward your family, covering every home and every professional endeavor.

- **Believing for Excellence**: Ask God to empower your work, believing the promise that His excellent spirit resides within you to make you a leader and a light in your industry.

- Believing for Promotion: Pray for God's hand to increase your skills and wisdom; stand on the promise that promotion comes from Him alone and not from any human source.

DAY 4 BELIEVING HIS PROMISES

Global Focus | 3pm – 6pm

- **Believing for Unity:** Pray for the unity of the Body of Christ in Sweden, believing the promise that our love for one another will show the world we belong to Him.

- **Believing for the Next Generation:** Declare that the children and youth of Sweden will embrace the promises of Christ and grow strong in their faith, unswayed by the world.

- **Believing for Global Harvest:** Praise God for the growth of the church in nations where the Gospel is restricted; believe the promise that His Word will not return void and that new believers will stand firm.

Evening Prayer Service | 6.30pm - 7.30pm

Bible Reading Plan | 2 Peter 1:1-4; Acts 10

Declaration

I am a child of God, and He has good plans for me. Blessed be God, who has bestowed every spiritual blessing upon me in Christ. I am an heir of God and a co-heir with Christ; I lack nothing and have everything I need at all times, in Jesus' name. Amen.

DAY 5

06
FEB

OFFERING HIS PRAISE

And when he had taken counsel… he appointed those who were to sing to the Lord and praise him… as they went before the army… And when they began to sing and praise, the Lord set an ambush… so that they were routed
2 Chronicles 20:21–22

Morning Prayer on Teams | 6am - 6.30am

Personal Focus | 6am – 9am

- **Offering Thanksgiving:** Praise God for His wonderful goodness and for the perfect, sovereign plan He has for your life and future.
- **Offering Dedication:** Present your spirit, soul, and body to the Lord as a living sacrifice of praise, holy and acceptable to Him.
- **Offering Anticipation:** Celebrate the Lord in advance for the expansion, fruitfulness, and open doors He is preparing for your life and business.

Family & Church Focus | 11am - 2pm

- **Offering Testimony:** Praise the Lord for the power of salvation, deliverance, and healing that is currently manifested and at work in our church.
- **Offering Joy:** Ask for the courage of the Lord to overcome every negative emotion, offering instead a sacrifice of praise and receiving the garment of joy.
- **Offering a Shield of Praise:** Bless the Lord as your defense; declare that as you praise Him, He sets an ambush against the enemies of your peace and your family.
- **Offering Gratitude for Career:** Thank the Lord for your career and ask for the wisdom to make decisions that lead to progress and advancement rather than limitations.

DAY 5 | OFFERING HIS PRAISE

Global Focus | 3pm – 6pm

- **Offering Renewal:** Pray that believers in Sweden experience a fresh spiritual renewal that causes a song of praise to draw the unsaved to the Lord.
- **Offering Influence:** Ask God to use the lives of believers in Europe to promote the values of His Kingdom through their witness and conduct.
- **Offering Godly Leaders:** Ask God to raise up and place believers into strategic leadership roles in Swedish society to reflect His righteousness.

Evening Worship Service | 6.30pm - 8.00pm

Bible Reading Plan | 2 Chronicles 20:13-17, Acts 11

Declaration

I declare that in this season my mouth is full of testimonies and His praise. I choose to walk in the fullness of joy unspeakable every day of my life. Because the Lord is my shield and fortress, I fear no evil; as I begin to sing and praise, I declare that God sets an ambush against every enemy of my peace. He hears me when I call, and He routs every opposition before me, in Jesus' name. Amen.

DAY 6

07
FEB

TRUSTING HIS FAITHFULNESS

But Joseph said to them, "Do not fear, for am I in the place of God? As for you, you meant evil against me, but God meant it for good, to bring it about that many people should be kept alive, as they are today. So do not fear; I will provide for you and your little ones." Thus he comforted them and spoke kindly to them. **Genesis 50:19-21**

Personal Focus | 6am – 9am

- **Trusting His Word:** Ask God for the capacity to always believe that He never fails and for the spiritual strength to act on His Word regardless of feelings.

- **Trusting His Victory:** Declare the faithfulness of God over your life and receive the grace to live entirely free from the dominion of sin.

- **Trusting His Maturity:** Ask the Lord to nurture you to full spiritual maturity as you learn to lean not on your own understanding but on His faithfulness.

Family & Church Focus | 11am - 2pm

- **Trusting His Preservation:** Declare God's faithful preservation over your family, friends, and possessions as you move into the new territories He has assigned.

- **Trusting His Stability:** Pray for a mind that is anchored and stable in the faithfulness of God, rebuking every spirit of confusion or double-mindedness.

- **Trusting His Peace:** Thank the Lord for His unfailing peace that guards your heart and fills your mouth with laughter and testimonies.

DAY 6 TRUSTING HIS FAITHFULNESS

Global Focus | 3pm – 6pm

- **Trusting His Growth:** Pray for the continuous and unstoppable growth of the Christian faith and church across all of Europe.

- **Trusting His Openings:** Declare that God's faithfulness will open new and effective doors for the spread of the Gospel where it was previously hindered.

- **Trusting His Values:** Commit the nation of Sweden to the Lord, declaring that believers will remain faithful to uphold His biblical standards in the land.

Bible Reading Plan | Genesis 50:15-19 , Acts 12

Declaration

I boldly declare that the Lord God Almighty has gone ahead of me; therefore, I do not fear. My heart is anchored in the God who is stable and true; I refuse to lean on my own understanding, for He who has called me is faithful. I move forward in His power, knowing that He never fails and is working all things together for my good. He will accomplish it, in Jesus' name. Amen.

DAY 7

08
FEB

ABIDING IN HIS PRESENCE

When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you.
Isaiah 43:2

Personal Focus | 6am – 9am

- **Abiding as a Vessel:** Ask the Lord to set you apart as a vessel of righteousness as you spend dedicated time in His presence.
- **Abiding in Purity:** Commit your thoughts, words and actions to Him, asking for the grace to abide in purity and keep your focus on things above.
- **Abiding for Service:** Pray that as you dwell in His presence, you will become a vessel of honor, fit for the Master's use in your church, community and nation.
- **Abiding in Success:** Pray for the grace of God's presence over your work or occupation, speaking favor, accomplishment and increase.

Family & Church Focus | 11am - 2pm

- **Abiding with Counsel:** Pray for wise and godly counselors who will assist you in fulfilling your purpose and keeping your focus on the presence of God.
- **Abiding through Generations:** Pray that your family develops a deep, lasting desire to abide in the Lord's presence for generations to come.
- **Abiding with Discernment:** Ask for spiritual sensitivity to detect and make necessary adjustments whenever there is a deviation from abiding in His presence.
- **Abiding in Provision:** Proclaim that the Lord is your Shepherd, and because of His continuous presence in your life, you shall not lack any good thing.

DAY 7 | ABIDING IN HIS PRESENCE

Global Focus | 3pm – 6pm

- **Abiding in Power:** Pray for the propagation of the gospel in Sweden to be marked by miracles, signs, and wonders that draw many into His presence.

- **Abiding in Strength:** Ask the Lord to preserve, protect, and empower missionaries around the world as they abide in His calling.

- **Abiding in Victory:** Pray for the light of God's presence in the Gospel to increase and prevail over all opposition in Europe.

Bible Reading Plan | Isaiah 43:1-7, Acts 13

Declaration

As the Lord lives, I declare that I will continually abide in His presence. I receive the wisdom to maintain a constant, unbroken relationship with my Father and the spiritual sensitivity to remain in step with Him. I am a vessel of honor, fit for the Master's use; I shall never lack nor be devoid of the presence of God, for in Him I live, move, and have my being, in Jesus' name. Amen.

Share

Decisions & Testimonies

Did you pray to accept Christ Jesus as your Lord and Savior, or recommit your life to Him? We would love to support you in learning more about following Him.

We are also trusting the Holy Spirit to move mightily among us, answering prayers and bringing miracles, healings, and breakthroughs.

If you have a testimony to share, we would love to hear it! Please connect with us on any of these platforms.

YouTube: /pentecostinternational

Facebook: /pentecostinternational

Instagram: /pentecostinternational

Email: info@pentecostinternational.se

Your Notes

FEBRUARY 2 - 8

PRAYER GUIDE

WEEK OF PRAYER & FASTING

THEME

CALLED • HEARD • ANSWERED

1 **MONDAY - FRIDAY**

Morning Prayer on Teams
6am – 6.30am

2 **MONDAY - THURSDAY**

Evening Prayer Meeting
6.30pm - 7.30pm

3 **FRIDAY**

Worship Night
6.30pm - 7.30pm

4 **SATURDAY**

Personal Prayer
No Meetings

5 **SUNDAY**

Thanksgiving Service
2pm - 4pm